



*Thokozani Royals*

# HUMBLE BEGINNINGS

**Newsletter No.1**  
**01st October 2023**





# Thokozani Royals

I am beyond excited to embark on this incredible journey with you all. Together, we will explore and embrace all aspects of life and health - spiritually, physically, financially, and cosmologically. Ready?  
Let's do this!

## HUMBLE BEGINNINGS

*Allow me to introduce to you the weekly newsletter that will serve as your guide and companion on this path of growth and self-discovery. Each week, you can expect updates, insights, and inspiration to empower you and uplift your spirits.*

*It's all about nourishing your mind, body, and soul.*

*Welcome Badimo Child*



Learning and growing together



FINALLY!  
I've been waiting

Not for me

# Alignment

**Remember, badimo child , this journey is for those who are ready to embark on it. If this resonates with your soul, I am humbled and grateful to have you by my side.**

**If not, don't worry! The time will come when the environment will be conducive for you, and your journey will begin.**

**Trust the process.**



LEARNING  
WITH

Noma

## QUOTE FOR THE WEEK

“  
When you are **NOT**  
authentic to self,  
You can never  
influence the way you  
are called to

@Gogo\_Noma

*Authentic: "of undisputed origin  
and not a copy, genuine"*  
**OXFORD DICTIONARY**

## MANTRA FOR THE WEEK

*Repeat it to yourself multiple times  
everyday and watch how it  
transforms your mindset and  
empowers you to embrace your  
true self.*

I am  
Enough

Daily Mantra

## THE MOON

*This week, we will witness the full  
Harvest moon, the fourth and final  
supermoon of 2023. Do your Full  
Moon Rituals*

Lesson available on  
YouTube





# The Week Ahead



## SUNDAY

### Prayer for the week

*"We are because they were"*

Platform: IG and FB

## MONDAY

### Motherhood

*The Pregnancy Test*

Platform: IG and FB

## TUESDAY

### Self-Care

*Authenticity above  
Everything*

Platform: Blog Page

## WEDNESDAY

### Spirituality

*What to expect in a  
consultation with me*

Platform: YouTube

## THURSDAY

### Throwbacks

*"A place to belong"*  
*1st Poem written 2004*

Platform: Blog Page

## FRIDAY

### Financial Education

*My top 5 concepts  
defined*

Platform: IG, FB and  
Blog Page

**Saturdays are for my King**



# At the Practice



## OPERATING HOURS

**Monday to Friday:**  
09h00 to 14h00

**Weekends and Public Holidays :**  
Closed

## MONDAY

**02nd Oct '23**

**Fully Booked**

## TUESDAY

**03rd Oct '23**

**Slots available**  
12h00 13h00

## WEDNESDAY

**04th Oct '23**

**Fully Booked**

## THURSDAY

**05th Oct '23**

**Slots available**  
12h00 13h00

## FRIDAY

**06th Oct '23**

**Fully Booked**

**Weekend: Closed**





# Upcoming Events



## THE WOMAN I AM CONFERENCE

**LIGHT OF HOPE**  
*presents*  
**THE WOMAN I AM  
CONFERENCE**  
*Genesis 1:27*

**Panelists - Speakers & MC**

**TICKETS : R400**  
**EARLY BIRD: R350 (FIRST 40)**  
**FNB**  
**URCSA Light Of Hope**  
**Acc #:63012426789**  
**Ref : Conf.Name & Surname**

**4 NOV 2023**  
**10h00- 15h00**  
**1 Turk Street, Olifantsfontein**

**Exciting Prizes to be won on the day**

**Dress Code:**  
**Shades of Pink & A Touch Blossom**

Send POP to numbers below.

**For more Info Contact:** Thabi Ndumo : 073 773 8910  
Shar Letsholo : 071 876 4298

**Speakers:**  
Gogo Noma  
Coach Gemima Phalane  
Ms Lerato Mathe  
Mrs Kgopedi Lilokoe  
Mrs Theo Rachidi  
Ms Sarah 'Sthe' Buthelezi

**Early bird tickets Sold Out**



# Upcoming Events



## THE WOMAN I AM CONFERENCE

I am humbled 🙏🙌🙌🙌🙌😊

Please join us on the 4th of November 2023 at URCSA Light of Hope

I am part of a great lineup (even if i say so myself 😊).

Mine is to educate: I AM because they WERE

I am so excited to be in the same space with these amazing women,  
but above all, to be in the front seat, learning from them.

Early bird tickets 🎫 Sold Out 🚫

Buy your ticket today

Join us on the day and stand a chance to win exciting prizes

For information regarding the conference contact

Thabi Ndumo: 073 773 8910

Shar Letsholo: 071 876 4298

See you there 😊

**Early bird tickets Sold Out**





# GiveAways

I am thrilled to announce that we are going to have incredible weekly and monthly prizes up for grabs!

## **THIS WEEK**

Three lucky winners will receive three Dream Interpretation Vouchers each, valid for 7 days. That's right, you'll have the chance to send through three of your dreams and get them personally interpreted in private. But that's not all! By winning this weekly prize, you'll also stand a chance to be our ultimate monthly winner, receiving a Consultation Voucher at the end of the month. How amazing is that?

## **RULES OF ENGAGEMENT**

The competition will start Tuesday at midday and end Wednesday midday (12h00 to 12h00). So make sure to mark your calendars and send in your answers during this time to qualify!



# Giveaways

*Good luck, Royals!*

## THIS WEEK'S CHALLENGE

To enter this week's giveaway, all you need to do is answer a super easy question:

**What is the name of my YouTube channel?**

Just drop your answer to:

**learningwithnoma@gmail.com**

with the email subject: Give Away 1

And remember, you have to send your answer during the competition time, that is, between Monday 12h00 midday and Tuesday 12h00 midday.

## WINNER'S ANNOUNCEMENT

The three lucky weekly winners will be notified by email on Friday before 16h00, and I will also proudly announce them in the upcoming newsletter. As for the monthly winner, they will be revealed in the first newsletter of the new month.

So keep an eye out for that exciting announcement!

***Good luck, Royals!***



## Download the App

Stay updated and enjoy exclusive benefits by downloading my app now, visit [learningwithnoma.com](http://learningwithnoma.com)  
Join the community and let's grow together!

## Gifts and Donations

For gifting and donations to support Learning with Noma  
Please send the word "Gifts" to +27799108841 and relevant information will be given.  
Your love and support mean the world to me.

## Thank you

Thank you for joining me on this incredible journey. Until next week, spread love, embrace your authenticity, and may peace always be with you.

Love and Peace,  
Lesedi