



*Thokozani Royals*

# WEEKLY NEWSLETTER

**Newsletter No.3**  
**22nd October 2023**





# Thokozani Royals

**ALL GOOD THINGS REQUIRE  
PATIENCE.**

## STILLNESS

*It is said that waiting in line is one of those times when we can truly practice patience. Instead of fretting and rushing through the process, we can choose to be still and trust the journey we are on.*

*In today's fast-paced world, stillness may seem like a foreign concept. We are constantly bombarded with distractions, and being aware of our surroundings can be quite a challenge. But let's take sometime to learn about the importance of stillness and awareness.*

*This week, let's embark on a journey down Silent Street 🙊.*

*Welcome Badimo Child*



Learning and growing together



FINALLY!  
I've been waiting

Not for me

# Alignment

**Remember, badimo child , this journey is for those who are ready to embark on it. If this resonates with your soul, I am humbled and grateful to have you by my side.**

**If not, don't worry! The time will come when the environment will be conducive for you, and your journey will begin.**

**Trust the process.**

# LEARNING WITH Noma

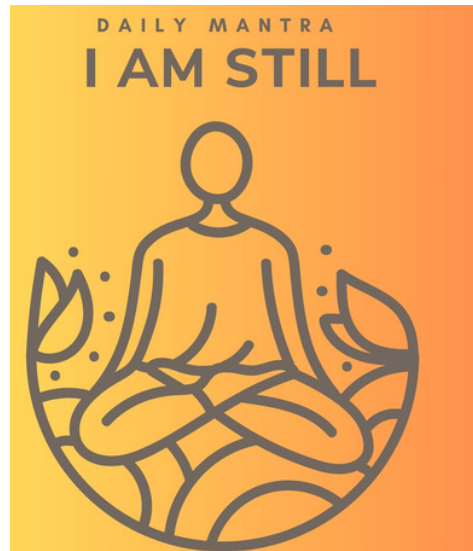
## QUOTE FOR THE WEEK

Silence of the physical  
mouthpiece  
Gives the ear an opportunity  
to hear  
Spiritual voices

@Gogo\_Noma

***Silence: “Complete absence of sound.” Oxford Dictionary***

***Repeat it to yourself multiple times everyday and watch how it transforms your mindset and empowers you to embrace your true self.***



## MANTRA FOR THE WEEK

## THE MOON

***This week, we will witness the waxing gibbous moon phase 🌕. The final step before we reach the full moon. A time to finalise all tasks allocated for this month.***





# The Week Ahead



## SUNDAY

**Prayer for the week**

*Teach us to be Still*

Platform: IG and FB

## MONDAY

**Motherhood**

*The 1st Trimester*

Platform: IG and FB

## TUESDAY

**Self-Care**

Meditation

Platform: Blog Page

## WEDNESDAY

**Spirituality**

Spirituality

is NOT

Religion

Platform: YouTube

## THURSDAY

**Throwbacks**

*My Spiritual Journey:*

*The Beginning*

Platform:  
Blog and YouTube

## FRIDAY

**Financial Education**

*Budgeting:*

*Why is it such a difficult task?*

*\*late post*

Platform: IG, FB and  
Blog Page

**Saturdays are for my King**



# At the Practice



## OPERATING HOURS

**Monday to Friday:**  
09h00 to 14h00

**Weekends and Public Holidays :**  
Closed

## MONDAY

**23rd Oct '23**

**Fully Booked**

## TUESDAY

**24th Oct '23**

**Fully booked**

## WEDNESDAY

**25th Oct '23**

**Available Slots**  
13h00 14h00

## THURSDAY

**26th Oct '23**

**Available Slots**  
12h00 13h00

## FRIDAY

**27th Oct '23**

**Available Slots**  
09h00 10h00  
12h00 13h00

**Weekend: Closed**



# Upcoming Events



## THE WOMAN I AM CONFERENCE

 LIGHT OF HOPE   
*presents*  
**THE WOMAN I AM  
CONFERENCE**  
*Genesis 1:27*

 Gogo Noma  Coach Gemima Phalane

 Ms Lerato Mathe  Mrs Kgopedi Lilokoe  Mrs Theo Rachidi  Ms Sarah 'Sthe' Buthelezi

**Panelists - Speakers & MC**

TICKETS : R400 EARLY BIRD: R350 (FIRST 40) FNB URCSA Light Of Hope Acc #:63012426789 Ref : Conf.Name & Surname	4 NOV 2023 10h00- 15h00 1 Turk Street, Olifantsfontein Exciting Prizes to be won on the day
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Dress Code:  
Shades of Pink & A Touch Blossom

Send POP to numbers below.

**For more Info Contact:** Thabi Ndumo : 073 773 8910  
Shar Letsholo : 071 876 4298

## Early bird tickets Sold Out



# Upcoming Events



## THE WOMAN I AM CONFERENCE

I am humbled 🙏🙏🙏🙏🙏🙏😊

Please join us on the 4th of November 2023 at URCSA Light of Hope

I am part of a great lineup (even if i say so myself 😊).

Mine is to educate: I AM because they WERE

I am so excited to be in the same space with these amazing women,  
but above all, to be in the front seat, learning from them.

Early bird tickets 🎫 Sold Out 🚫

Buy your ticket today

Join us on the day and stand a chance to win exciting prizes

For information regarding the conference contact

Thabi Ndumo: 073 773 8910

Shar Letsholo: 071 876 4298

See you there 😊

**Early bird tickets Sold Out**





# GiveAways

I am thrilled to announce that we are going to have incredible weekly and monthly prizes up for grabs!

## THIS WEEK

Three lucky winners will receive three Dream Interpretation Vouchers each, valid for 7 days. That's right, you'll have the chance to send through three of your dreams and get them personally interpreted in private. But that's not all! By winning this weekly prize, you'll also stand a chance to be our ultimate monthly winner, receiving a Consultation Voucher at the end of the month. How amazing is that?

## RULES OF ENGAGEMENT

The competition will start Tuesday at midday and end Wednesday midday (12h00 to 12h00). So make sure to mark your calendars and send in your answers during this time to qualify!



# GiveAways

*Good luck, Royals!*

## THIS WEEK'S CHALLENGE

To enter this week's giveaway, all you need to do is answer a super easy question:

**What is the Theme for this week?**

**Clue: Go to IG**

Just drop your answer to:

**learningwithnoma@gmail.com**

with the email subject: Give Away 3

And remember, you have to send your answer during the competition time, that is, between Tuesday 12h00 midday and Wednesday 12h00 midday.

## WINNER'S ANNOUNCEMENT

The three lucky weekly winners will be notified by email on Friday before 16h00, and I will also proudly announce them in the upcoming newsletter. As for the monthly winner, they will be revealed in the first newsletter of the new month.

So keep an eye out for that exciting announcement!

***Good luck, Royals!***



## GiveAways

**WINNERS 🏆 FROM THE LAST WEEK 🎉**

🎉 Congratulations Ladies 🎉

You now stand a chance to win a free  
consultation with me at the end of the month!  
This week could be you, Badimo Child!  
What are you waiting for?

🎉 🎉 CONGRATULATIONS 🎉 🎉

Anna

Sibongile

Lerato

***Makwande!***



## Download the App

Stay updated and enjoy exclusive benefits by downloading my app now, visit [learningwithnoma.com](http://learningwithnoma.com)  
Join the community and let's grow together!

## Gifts and Donations

For gifting and donations to support Learning with Noma  
Please send the word "Gifts" to +27799108841 and relevant information will be given.  
Your love and support mean the world to me.

## Thank you

Thank you for joining me on this incredible journey. Until next week, spread love, embrace your authenticity, and may peace always be with you.

Love and Peace,  
Lesedi